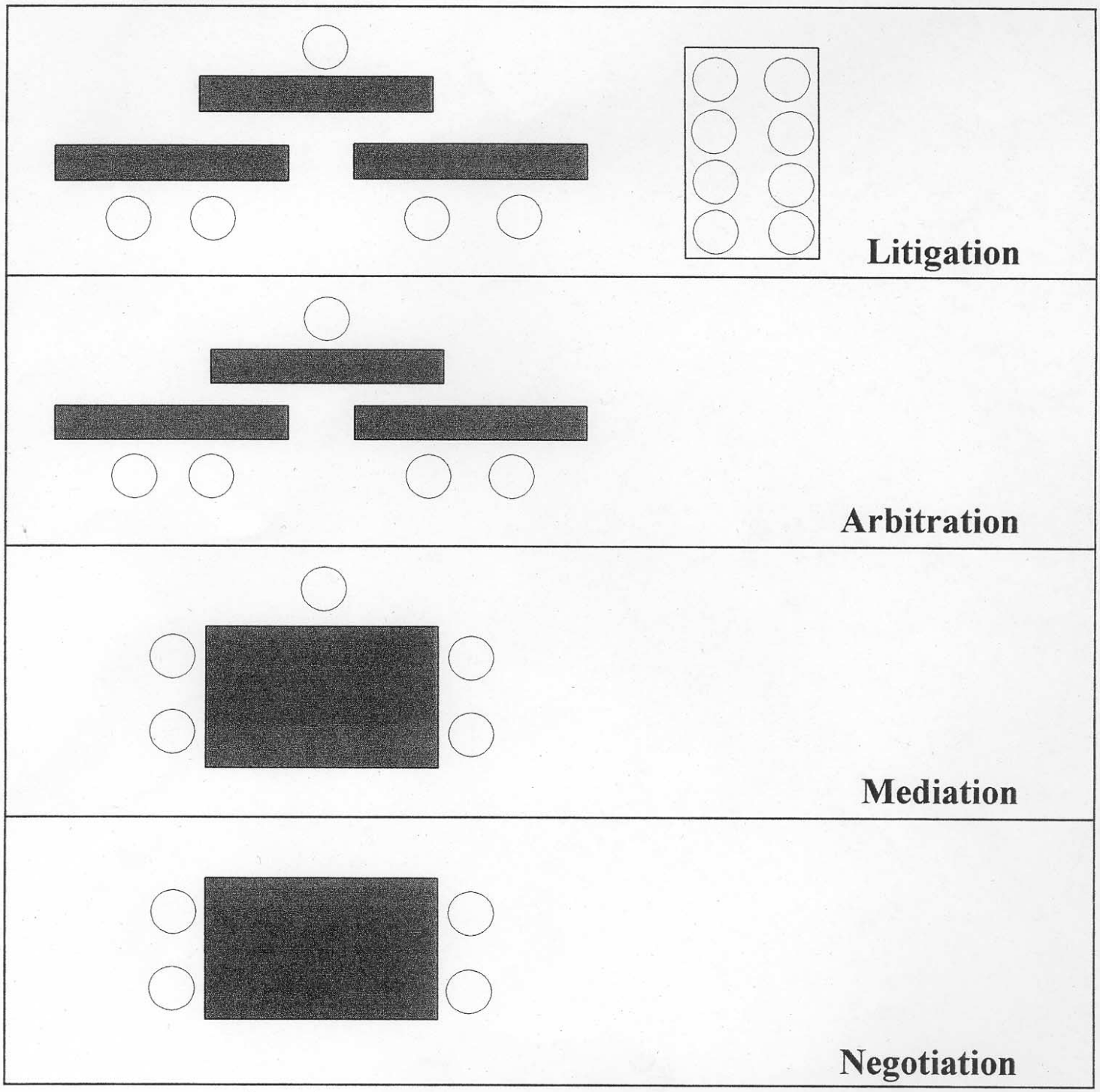Overview of Litigation, Arbitration, Mediation, and Negotiation